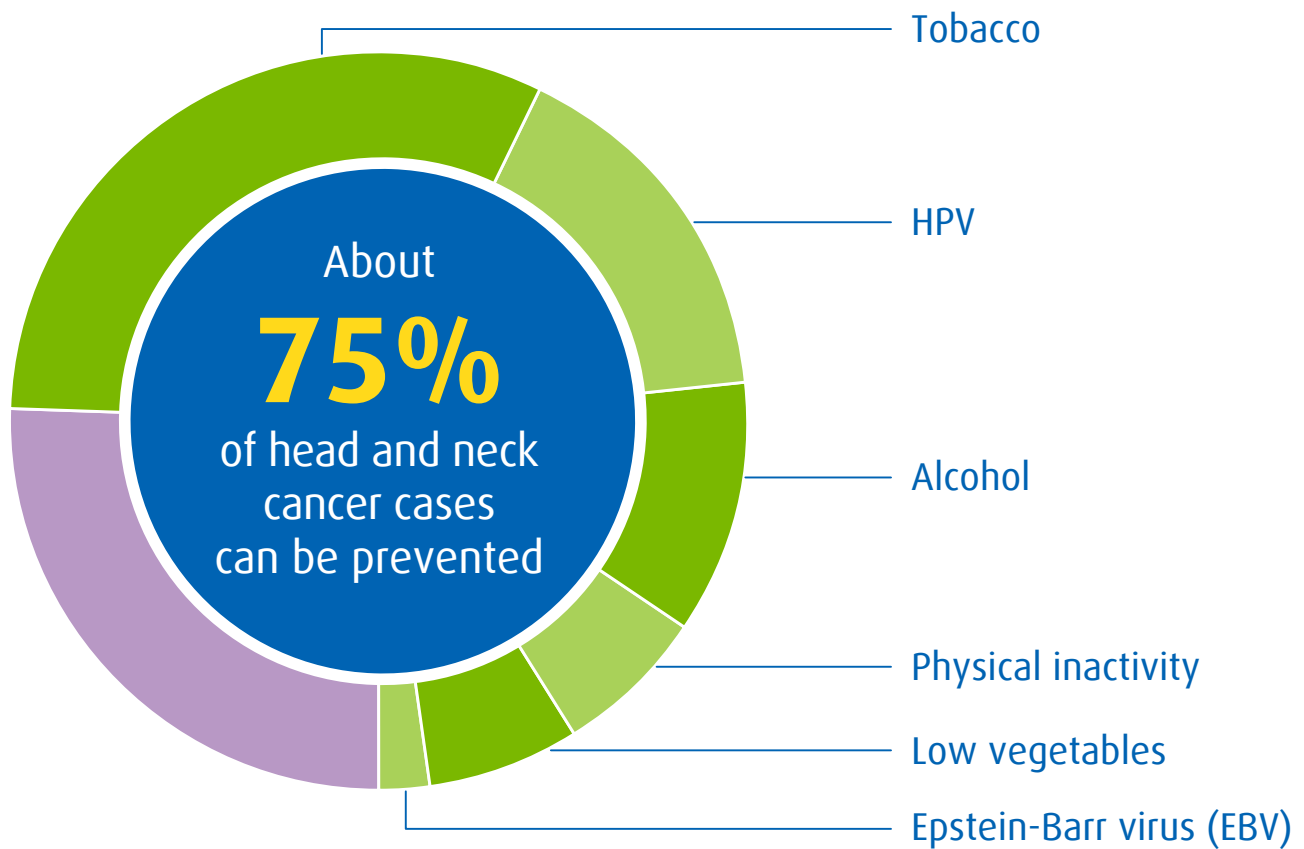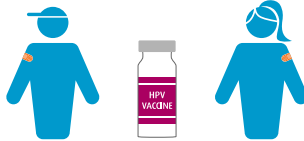# Preventing head and neck cancers in Canada

Head and neck cancers* are some of the most preventable cancers in Canada.

About **75%** of head and neck cancer cases can be prevented

- Tobacco
- HPV
- Alcohol
- Physical inactivity
- Low vegetables
- Epstein-Barr virus (EBV)

About **4,200** head and neck cancer cases could have been prevented in 2015.

HPV VACCINE

Together, we can reduce the number of head and neck cancer cases in the future by decreasing tobacco smoking, increasing HPV vaccinations and decreasing alcohol consumption

*Head and neck cancers include laryngeal, oral and pharyngeal cancers.

prevent.cancer.ca

ComPARe
POPULATION ATTRIBUTABLE RISK

Canadian Cancer Society