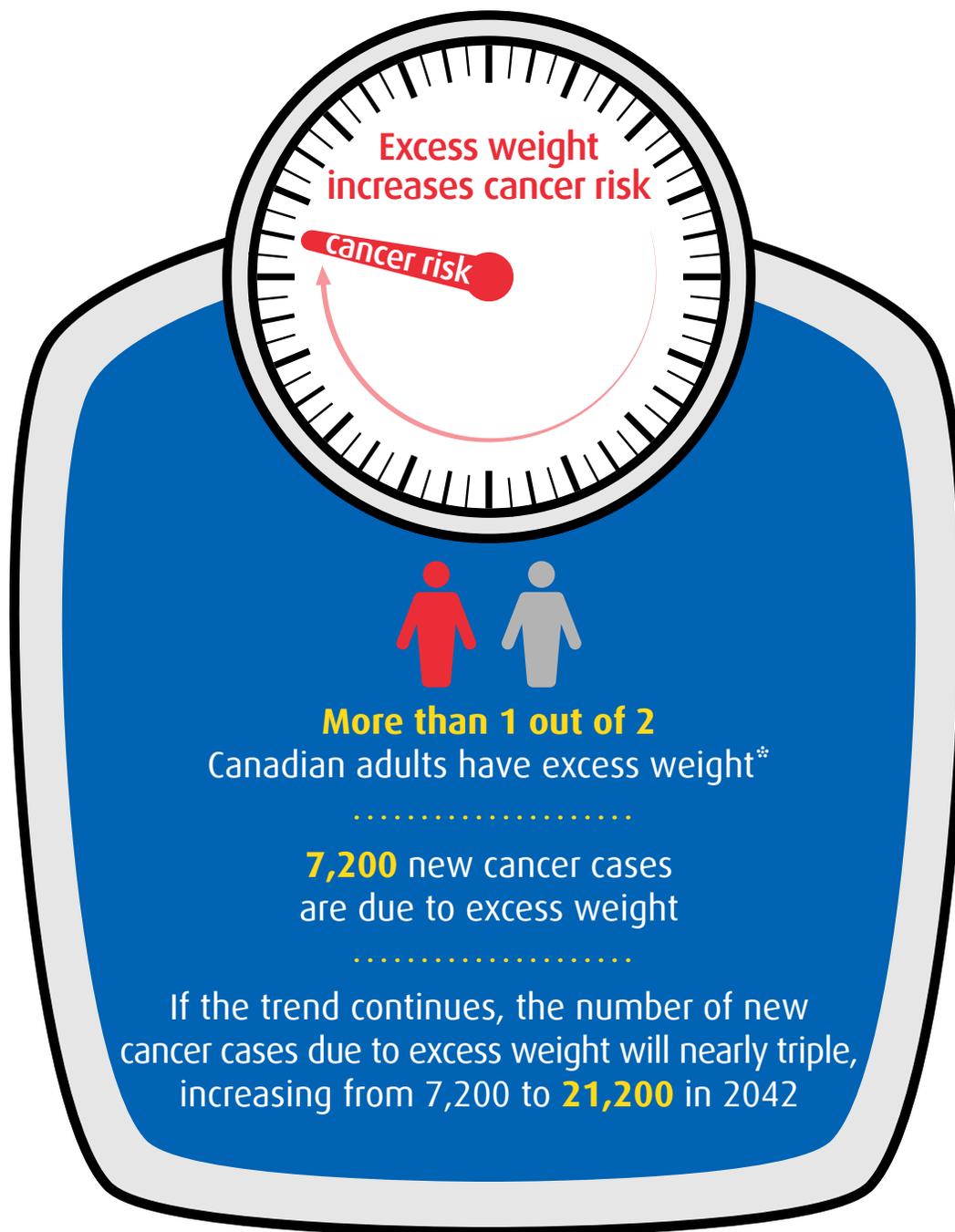


Maintain a healthy body weight to reduce your cancer risk



**Together, we could prevent about 110,600 cancer cases
by 2042 if more Canadians had a healthy body weight**

*Excess weight is defined as BMI greater than 25 kg/m². See website for details on data and additional definitions.