

University and College 100% Smoke-Free Campuses in Canada:

NATIONAL STATUS REPORT



Canadian Cancer Society
Société canadienne
du cancer

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University and College 100% Smoke-Free Campuses

Background and rationale

In Canada, there is tremendous momentum towards making campuses 100% smoke-free, including outdoors, with at least 95 universities and colleges adopting such a policy, and more in the process of doing so. In the U.S. the trend is even further ahead, with more than 2,400 campus sites that are 100% smoke-free (the U.S. listing is found [here](#)). Policies for 100% smoke-free campuses not only provide protection from second-hand smoke, but also discourage tobacco use among youth. The legalization of cannabis provides a timely opportunity for institutions to review and enhance existing campus smoking policies. Cannabis legalization poses a challenge for campuses that are not 100% smoke-free, and provides further rationale for adoption of a comprehensive smoke-free policy.

A comprehensive 100% smoke-free campus policy

A comprehensive smoke-free policy should apply to smoking of anything (including cannabis and herbal water pipe smoking), as well as use of e-cigarettes or any tobacco product. A comprehensive smoke-free policy does not have designated smoking areas and ensures that the campus is 100% smoke-free. Examples of institutions that have adopted such a comprehensive policy include McMaster University, University of Regina, Saint Mary's University and Langara College.

Benefits of a 100% smoke-free campus

Benefits include:

- Providing a healthier environment for everyone on campus.
- Providing a cleaner campus with reduced litter.
- Reducing cost for cleaning up cigarette butts.
- Discouraging tobacco use among young people.
- Providing health leadership within the community.

Model Policies

Below are links to model comprehensive smoke-free policies from various institutions in Canada:

- [McMaster University, Hamilton](#)
- [University of Regina, Regina](#)
- [Saint Mary's University, Halifax](#)
- [Langara College, Vancouver](#)






Universities/Colleges with 100 % Smoke-free Campuses

































There are now at least 95 universities and colleges in Canada with 100% smoke-free campuses, including outdoors.

- 71 (75%) of these institutions prohibit smoking of cannabis on campus.
- 71 (75%) of these institutions prohibit use of any tobacco product on campus.
- 69 (73%) of these institutions prohibit any water pipe smoking (hookah) on campus.
- 83 (88%) of these institutions prohibit vaping or the use of e-cigarettes on campus.


















The following list includes colleges and universities that are 100% smoke-free indoors and outdoors, and indicates the implementation date where available. Additional coverage in campus policies in the following list is coded as follows:

- C: Smoking cannabis prohibited anywhere on campus.
- T: Tobacco use prohibited anywhere on campus.
- H: Hookah (water pipe) smoking prohibited anywhere on campus.
- E: E-cigarette use/vaping prohibited anywhere on campus.

No.	University / College	Additional Coverage	Policy
British Columbia			
1	Kwantlen Polytechnic University (Surrey, Richmond, Langley, Cloverdale, Jan. 21, 2018)	C, H, E	
2	Langara College (Vancouver, May 1, 2018)	C, T, H, E	
3	Douglas College (New Westminister, Sept. 1, 2018)	C, T, H, E	
4	University of the Fraser Valley (Abbotsford, Chilliwack, Mission, Hope, Oct. 1, 2018)	C, H, E	
5	Trinity Western University (Langley, Richmond)	T, E	
Alberta			
6	The King's University (Edmonton, July 1, 2005)	C, T, H, E	
7	Burman University (Lacombe, Mar. 4, 2009)	C, T, H, E	
8	NorQuest College (Edmonton, Jan. 1, 2015)	C, H, E	
9	Northern Alberta Institute of Technology (Edmonton, St. Albert, May 1, 2015)	C, T, H, E	
10	Bow Valley College (Calgary, Mar. 13, 2018)	C, H, E	
11	Concordia University of Edmonton (Edmonton, Sept. 1, 2018)	C, T, H, E	
12	Ambrose University (Calgary, Sept. 1, 2018)	C, T, H, E	
13	Grande Prairie Regional College (Grande Prairie, Fairview, Edson, Grande Cache, Hinton, Jasper, Oct. 17, 2018)	C, T, H, E	
Saskatchewan			
14	University of Regina (Regina, Aug. 1, 2018)	C, T, H, E	
15	Carlton Trail Regional College (Humboldt, Watrous, Wynyard)	C, T, H, E	
16	Millar College (Pambrun, SK; Sunnybrae, BC)		

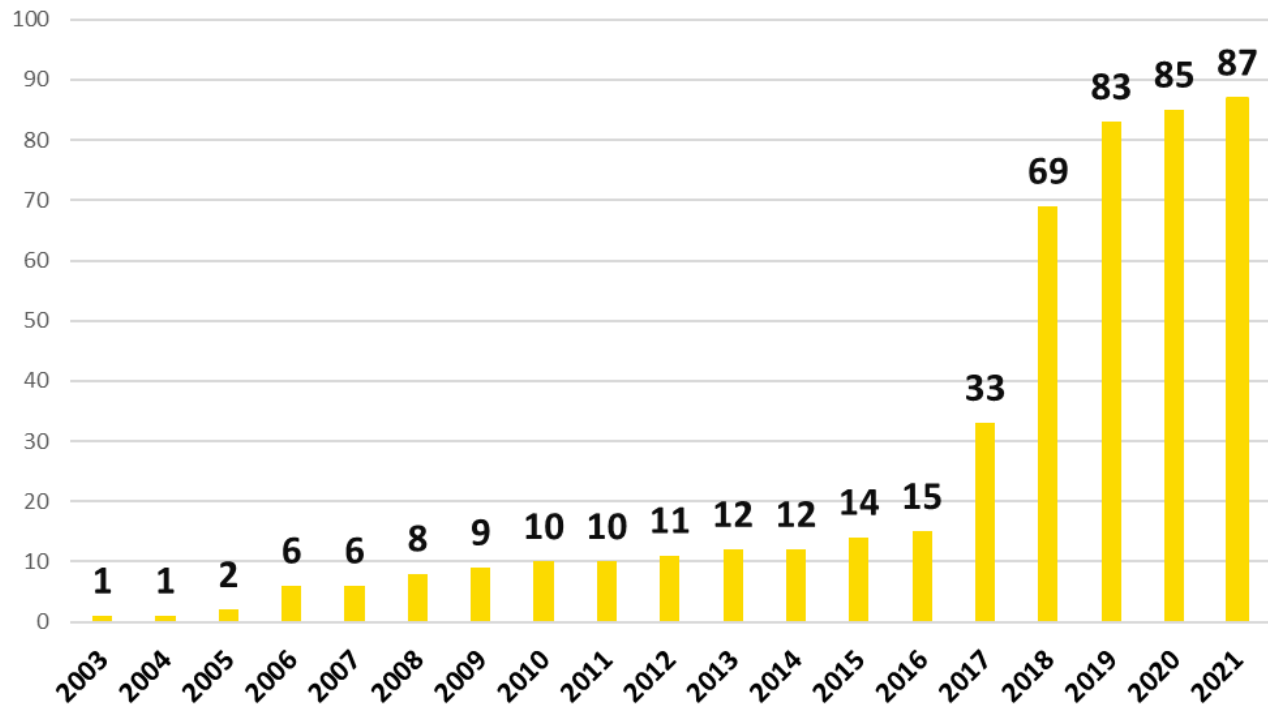
Manitoba			
17	University of Manitoba, Bannatyne Campus (Winnipeg Apr. 25, 2006)	C	
18	University of Winnipeg (Winnipeg, Sept. 1, 2008)	C, H, E	
19	Manitoba Institute of Trades and Technology (Winnipeg, Oct. 9, 2018)	C,T,H,E	
20	Red River College (Winnipeg, Jan. 1, 2020)	C,T,H,E	
21	Canadian Mennonite University (Winnipeg)	C,T,H,E	
22	Providence University College (Otterburne)	T, E	
Ontario			
23	McMaster University (Hamilton, Jan. 1, 2018)	C, T, H, E	
24	George Brown College (Toronto, Aug. 20, 2018)	C, H, E	
25	Redeemer University College (Hamilton, Sept. 1, 2018)	C, T, H, E	
26	Durham College (Oshawa, Whitby, Oct. 15, 2018)	C,T,H,E	
27	University of Ontario Institute of Technology (Oshawa, Oct. 15, 2018)	C,T,H,E	
28	Algonquin College (Ottawa, Perth, Pembroke, Oct. 15, 2018)	C,H,E	
29	St. Lawrence College (Kingston, Brockville, Cornwall, Oct. 15, 2018)	C,T,H,E	
30	St. Paul University (Ottawa, Oct. 17, 2018)*	C,T,H,E	
31	Sheridan College (Oakville, Brampton, Mississauga, Oct. 17, 2018)*	C,T,H,E	
32	Fanshawe College (London, Nov. 1, 2018)	C,T,H,E	
33	Mohawk College (Hamilton, Stoney Creek, Jan. 1, 2019)*	C,T,H,E	
34	Loyalist College (Belleville, Bancroft, Port Hope, Jan. 1, 2019)*	C,H,E	
35	University of Toronto (Toronto, Mississauga, Jan. 1, 2019)	C,H,E	
36	Humber College (Toronto, Orangeville, Jan. 1, 2019)	C,H,E	
37	Centennial College (Toronto, January 1, 2019)	C,T,H,E	
38	Georgian College (Barrie, Midland, Muskoka, Orangeville, Orillia, Owen Sound, South Georgian Bay, May 6, 2019)	C,T,E	
39	University of Guelph (Guelph, May 31, 2019)	C,T,H,E	
40	Queens University (Kingston, June 1, 2019)	C,T,H,E	
41	Western University (London, July 1, 2019)	C,T,H, E	
42	Wilfrid Laurier University (Waterloo, Brantford, Kitchener, Toronto, July 1, 2019)	C,T,H,E	
43	Lambton College (Sarnia, August 14, 2019)	C,T,H,E	
44	Collège La Cité (Ottawa, Orleans, January 1, 2020)	C,T,H,E	
45	Tyndale University College (Toronto)	C,T,H,E	
Quebec			
46	Ahuntsic College (Montreal, Nov. 29, 2017)	C, T, H, E	
47	Bart College (Quebec City)	C	
48	Cégep André-Laurendeau (Montreal, Apr. 1, 2018)	C, T, H, E	
49	Cégep Beauce-Appalaches (Saint-Georges, Nov. 26, 2017)	C, T, H, E	

50	Cégep de Drummondville (Drummondville, Nov. 28, 2017)	C, T, H, E	
51	Cégep de l'Abitibi-Témiscamingue (Rouyn-Noranda, Jan. 1, 2018)	C, T, H, E	
52	Cégep de Matane (Matane, Jan. 1, 2019)	C, T, E	
53	Cégep de la Gaspésie et des Îles (Gaspé, Jan. 30, 2018)	C, E	
54	Cégep de l'Outaouais (Gatineau, Nov. 28, 2017)	C, T, H, E	
55	Cégep de Rimouski (Rimouski, Aug. 13, 2018)	C, T, H, E	
56	Cégep de Rivière-du-Loup (Rivière-du-Loup, Sept. 25, 2017)	C	
57	Cégep de Sainte-Foy (Quebec City, Aug. 1, 2018)	C, T, H, E	
58	Cégep de Saint-Jérôme (Saint-Jérôme and Mont-Tremblant campuses, Nov. 28, 2017)	C, T, H, E	
59	Cégep de Sherbrooke (Sherbrooke, Aug. 21, 2018)	C, T, H, E	
60	Cégep de Sorel-Tracy (Sorel-Tracy, Nov. 28, 2017)	C, T, H, E	
61	Cégep de Trois-Rivières (Trois-Rivières, Aug. 13, 2018)	C, T, H, E	
62	Cégep de Victoriaville (Victoriaville, June 11, 2018)	C, T, H, E	
63	Cégep du Vieux Montréal (Montreal, Jan. 1, 2019)	C, T, E	
64	Cégep Édouard-Montpetit (Longueuil, Aug. 22, 2017)	C, T, H, E	
65	Cégep Garneau (Quebec City, May 9, 2017)	C, T, E	
66	Cégep Limoilou (Quebec City, Nov. 28, 2017)	C, T, H, E	
67	Cégep régional de Lanaudière (Repentigny, Terrebonne, Joliette, L'Assomption, Feb. 20, 2018)	C, T, H, E	
68	Cégep Saint-Laurent (Montreal, Nov. 30, 2017)	C, T, E	
69	Cégep Shawinigan (Shawinigan, Feb. 25, 2019)	C,T,H,E	
70	Champlain Regional College, Saint-Lambert Campus and St. Lawrence Campus (Saint Lambert, July 1, 2017 and Quebec City, Oct. 27, 2017)	C, T, H, E	
71	Collège André-Grasset (Montreal, Dec. 4, 2018)	C,T,H,E	
72	Collège Ellis (Drummondville, Trois-Rivières, Longueuil, Sep. 20, 2017)	C,T,H,E	
73	Collégial International Sainte-Anne (Lachine, Dec. 19, 2017)	C, T, E	
74	Collège International Marie de France (Montreal, May 31, 2006)	C	
75	College of Maisonneuve (Montreal, Jan. 1, 2018)	C, T, H, E	
76	College of Rosemont (Montreal, July 1, 2017)	C,T, H, E	
77	Collège Jean-de-Brébeuf (Montreal)	C	
78	Dawson College (Montreal, July 1, 2018)	C, T, H, E	

79	John Abbott College (Sainte-Anne-de-Bellevue, Dec. 31, 2021)	C, T, H, E	
80	Vanier College (Montreal, Aug. 13, 2018)	C, T, H, E	
81	University of Québec at Outaouais (Gatineau, Saint-Jérôme, May 1, 2021)	C, T, E	
82	University of Québec at Montreal (Montreal, Oct. 1, 2018)	C,T,E	
New Brunswick			
83	Collège communautaire du Nouveau-Brunswick, Edmundston campus (Edmundston, Sept. 5, 2017) *		
84	Kingswood University (Sussex)	C, T, E	
85	Crandall University (Moncton)	C, T, E	
Nova Scotia			
86	Dalhousie University (Halifax, Sept. 1, 2003)		
87	Acadia University (Wolfville, July 1, 2006)	T	
88	University of King's College (Halifax, Aug. 1, 2016)	H, E	
89	Saint Mary's University (Halifax, Sept. 1, 2017)	C, T, H, E	
Prince Edward Island			
90	Holland College (13 locations across Prince Edward Island, Nov. 28, 2012)	C, T, H, E	
91	University of Prince Edward Island (Charlottetown, Sept. 1, 2017)	H, E	
92	Maritime Christian College (Charlottetown)	C, T, H, E	
Newfoundland and Labrador			
93	College of the North Atlantic (17 locations across Newfoundland and Labrador, Sept. 1, 2010)		
94	Memorial University of Newfoundland (with several campuses in Newfoundland & Labrador, Aug. 1, 2013)		
Yukon			
95	Yukon College (Whitehorse; pursuant to territorial legislation, May 15, 2008)	T	

* Where an institution policy is not accessible, a link to a news release or other similar information has been provided.

Number of 100% Smoke-Free University/College Campuses in Canada



Note: The graph does not include eight institutions where the implementation date has not been ascertained.

Notes

- The list of institutions with 100% smoke-free policies is based on information available as of Mar. 11, 2020. As this area is quickly evolving, there may be other institutions that could be added to the list.
- The date on the list refers to the initial implementation date for the 100% smoke-free policy. Policies may have been extended at a later date to include cannabis, tobacco, hookah (water pipe) and/or e-cigarettes. Many policies, especially more recent policies, covered all these categories from the initial implementation date.
- The term “additional coverage” refers to university/college policies that explicitly state that cannabis, tobacco, hookah (water pipe) and/or e-cigarettes are covered by each policy. If a policy merely indicates that “smoking” is banned on campus, this was interpreted as exclusively applying to smoking cigarettes and did not apply to smoking cannabis or hookah (water pipe). However, in practice, some institutions may apply the ban on “smoking” as referring to a ban on smoking of anything.
- Cégeps (Collège d’enseignement général et professionnel, or General and Vocation College) in Quebec are the equivalent to grade 12 and first year university/college in the rest of Canada.
- There are about 260 universities and colleges in Canada, including about 95 universities and 165 colleges. The 165 colleges includes about 70 public and private Cégeps/colleges in Quebec.
- The list does not include a very small number of post-secondary institutions that are either completely online or located entirely on upper floors of a building, given that these institutions do not have outdoor areas.
- To date there is one province/territory, the Yukon, with legislation requiring all university/college campuses to be 100% smoke-free.
- In Quebec, the *Cannabis Regulation Act*, s.16(4), prohibits cannabis smoking on the grounds of post-secondary educational institutions. Thus in the listing all Quebec institutions are indicated as having their policies apply to cannabis, whether this is expressly stated in the policy or not. As of March 11, 2020, 24 of 39 Quebec institutions had policies expressly covering cannabis.
- The Canadian Cancer Society would like to acknowledge the many universities and colleges, as well as others, that have provided assistance, as well as the research work of Sajjad Fazel, towards the preparation of this report.

Additional resources

- National toll-free quitline number, 866-366-3667
- [Break It Off](#) – Smoke-free campaign focusing on young adults
- gosmokefree.gc.ca/quit – Portal for provincial cessation websites
- smokefreecampus.ca – Resources on creating a smoke-free campus