

## Cancer can be confusing

We're here to help you figure it out. Your questions are important and welcome.

Your call is free and confidential, and our team of information specialists will take all the time you need to answer your questions.

Call or email the Cancer Information Helpline to talk about anything related to cancer.

1-888-939-3333 · info@cancer.ca



Visit cancer.ca/support for more information.



πTAKES A SOCIETY



We provide a support system that helps people with cancer and their caregivers live their lives as fully as possible. Through our programs, we help people manage life with cancer, find community and connection, and build wellness and resilience.

## Managing life with cancer

Having cancer is hard enough. That's why we offer practical support to help people manage their day-to-day challenges. We can provide:



reliable, easy-to-understand cancer information on the phone, online and in the community



a searchable database of community services for people affected by cancer, available online or on the phone



support in getting to treatment



assistance with somewhere to stay during treatment

## Finding community and connection

Cancer can make you feel alone. We bring people together and offer them a sense of hope. We can provide:



an online community at cancerconnection.ca, where concerns and questions are heard and answered



camps for children with cancer and their families

## Building wellness and resilience

Cancer can be life-changing. We help people regain hope and their sense of self after a cancer diagnosis and beyond. We can provide:



free wigs and breast prostheses



access to self-care and wellness-focused programs

Call the Cancer Information Helpline for information, support and to learn about services offered in your area.

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